



Creative Arts for Life Program Instruction Criteria

South Salt Lake's Creative Arts for Life Program for seniors and adults is a program directed at providing adults and seniors with the self-empowering opportunity of creating works of art. The program is designed to give participants the confidence to get started and to encourage them to tell their personal stories through artistic expression. Much research has revealed the benefits of art to aging adults, including tangible physical and mental health benefits by providing opportunities for participation in a larger community, self-expression, and for maintaining hand strength and coordination. South Salt Lake offers these classes at no cost to our residents to allow everyone to experience these benefits and enrich our community.

Creative Arts for Life Program Basics:

- The Creative Arts for Life Program is a series of month long, four week sessions designed to present aging and adult individuals with exposure to and experience in a number of different artistic media.
- Open to adults of any skill level. Classes and included supplies are provided free of charge to South Salt Lake residents. There is a \$40 fee for non-residents.
- Classes will be held at South Salt Lake's Columbus Center located at 2531 South 400 West in South Salt Lake. Classes are offered both mornings and evenings.
- Classes are taught by qualified and experienced art instructors.
- Programs are designed not only to train elderly individuals in artistic methods, but also to give them a social outlet to meet and work with others in their community.
- The Creative Arts for Life Program receives its funding from the City of South Salt Lake.

The South Salt Lake Arts Council is currently accepting applications for instructors in the Creative Arts for Life Program. Below is a description of the position and requirements.

1. Classes are taught Wednesday mornings from 10:30 to 11:30 or Wednesday evenings from 6:00 to 8:00 pm at South Salt Lake Columbus Center 2531 South 400 East.
2. Instructors will be paid \$500 for classes taught Wednesday mornings (approximately 12 hours) and \$700 for Wednesday evening classes (approximately 16 hours), which includes 1 hour prep and 1 hour setup/cleanup per class.

3. Instructors must have teaching experience, preferably with adults or seniors.
4. Class size will be 12 - 15 people, depending on topic.
5. Instructors will be responsible for all set up and clean up.
6. The Arts Council will promote classes on City and Arts Council websites, City newsletter and social media sites. Artists are also encouraged to promote to their networks.
7. Supplies will be determined prior to each class and either purchased by artist and reimbursed by the Arts Council, or purchased directly by Arts Council.
8. Instructors will submit an invoice to the Arts Council for services rendered, and supplies if applicable upon class completion.
9. Applications are now being accepted. Please include the following items and submit to arts@sslc.com. Questions can be directed to lallen@sslc.com
 - Resume
 - Class proposal (including supply needs and estimated costs)
 - Images of work samples in proposed medium

"Some of our most powerful works of art have been produced by older Americans—by hands that have engaged in years of hard work, eyes that have witnessed decades of change, and hearts that have felt a lifetime of emotions. Our whole society benefits when older Americans use their talents and experiences to become involved in the arts as creators, teachers, mentors, volunteers, and audiences."

– Hillary Rodham Clinton